

"Reasonable & Necessary" What does it mean?

A good way to think about whether a support could be considered 'reasonable and necessary' by the NDIS is to consider whether that support can help you reach your goals, objectives and aspirations, and maximise your independence.

The NDIS consider your informal (unpaid) supports already in place. This is support that is part of normal family life, or natural connections with family, friends, or community services. They also consider the formal (paid) support services such as health and education.

Reasonable and necessary supports must tick ALL of these boxes (which means you need to be able to say yes to all of these things for the NDIS to fund it).

Do your supports help you reach your goals?

- **Yes** – I can show how my support request helps me access employment/travel independently/prepare my own meals etc. Great, move on to the next point.
- **No** – Go back and reconsider this support request. If it doesn't link directly to your goals it may not be relevant to your disability.

Does your support help you participate socially and/or economically?

- **Yes** – I can show how my support request helps me access employment and participate in the mainstream community.
- **No** – Go back and reconsider this support request. If it doesn't help you realise your social or economic potential, it may not be relevant.

Does your support represent value for money when you consider the benefits you'll receive?

- **Yes** – I can show how my support request is the best value for money for me and my circumstances.
- **No** – Go back and reconsider whether an alternative support might provide more benefit and value.

Is your support proven to be beneficial for you, or can you show how it might be?

- **Yes** – I can show evidence as to how my support request will provide benefits for me/the participant.
- **No** – Go back and reconsider whether an alternative support might provide more benefit and value.

Is the support you're requesting reasonable, when you take into account the normal caring activities provided by friends and family?

- **Yes** – The support is **not** reasonable for family members or friends to provide.
- **No** – Go back and reconsider whether the support you need is something you'd normally be expected to provide.



Should the support be provided by the NDIS and not other service systems (above)?

- **Yes** – The support is directly related to my disability AND is not the responsibility of other support services offered by a person, agency or body, or systems of service delivery or support services offered.
- **No** – Go back and reconsider whether you could approach other general systems of service delivery.

You have an NDIS plan, now what?

There are three options for managing your NDIS funding – plan managed, self-managed or agency managed.

A Plan Manager at First2Care will:

- Unlike being NDIA Managed and restricted to registered providers, with a Plan Manager you have the freedom to choose NDIS-registered or **non**-registered service providers for necessary supports;
- Receive and pay providers for their services;
- Keep track of your supports and funding budgets;
- Claim funds through the NDIS portal;



NDIS Plan Management Your Way

- Adhere to the NDIS Price Guide;
- Manage financial reporting for your NDIS plan review and auditing;
- Help you choose providers (if needed); and
- Offer personalised one-to-one support, so you can spend more time achieving your goals and living life.

While you focus on doing the stuff you love, a team of experienced bookkeepers and professional advisers at First2Care will take care of the rest.

Who is First2Care?



First2Care is an experienced NDIS Plan Management provider, registered Nationally.

We keep our clients informed at every stage of the process with real time updates of their budgeted expenses within the First2Care App.

Plan Management with First2Care

First2Care is an experienced NDIS Plan Management provider. With First2Care, NDIS participants will have access to a personal bookkeeping team and professional advisors who provide tailored, meaningful financial services at no extra cost to the participant. With First2Care managing your plan, you're free to achieve your goals and enjoy life. Visit our website, access our free First2Care software platform or speak to one of our Plan Managers today on 1300 322 273.

We'd love to be a part of your support team.